This Silly Girl's KITCHEN

Five Easy Dinners

Week 9 shopping list . dinners for the week of November 23

THIS WEEK

Monday	Rotisserie Chicken Enchiladas
Tuesday	Beef and Broccoli
Wednesday	Slow Cooker Beer Brats
Thursday	Cod Piccata
Friday	Grandma's Salmon Patties
Treat	Apple Spice Cake

PRODUCE

- ☐ Yellow onions, 2 medium (Wednesday)
- ☐ Broccoli, 2 crowns (Tuesday)
- ☐ Garlic, 1 head
  (Tuesday and Thursday)
- ☐ Fresh ginger, 1 small knob (Tuesday)
- ☐ Shallot, 1 small (Thursday)
- ☐ Lemons, 3
  (Thursday sauce, Friday wedges)
- ☐ Fresh parsley, 1 bunch
  (Thursday and Friday)
- ☐ Scallions, 1 bunch (Friday)
- ☐ Granny Smith apples, 2 (the treat)
- ☐ Enchilada toppings: cilantro, lettuce

MEAT AND SEAFOOD

- ☐ Rotisserie chicken, 1 whole
  (about 3 cups shredded, Monday)
- ☐ Flank steak, 1 1/2 lb
- ☐ Bratwurst, 10 links
- ☐ Cod fillets, 1 lb
- ☐ Canned salmon, one 14.75 oz can

DAIRY AND EGGS

- ☐ Colby jack cheese, 16 oz shredded
- ☐ Sour cream, 1/2 cup
- ☐ Unsalted butter, 3 sticks
  (Monday, Wednesday, the treat)
- ☐ Salted butter, 3 tbsp (Thursday)
- ☐ Eggs, 3 large (Friday, the treat)
- ☐ Buttermilk, 1/2 cup (the treat)
- ☐ Whole milk, 1 cup (the treat)

PANTRY

- ☐ Chicken broth, one 32 oz carton
  (Monday sauce and Thursday sauce)
- ☐ Beef stock, a splash (Tuesday)
- ☐ Tomato sauce, one 8 oz can
- ☐ Soft taco size flour tortillas, 10
- ☐ Hot dog buns, 10
- ☐ Dark beer, 12 oz (Wednesday)
- ☐ Long grain white rice (Tuesday)
- ☐ Low sodium soy sauce
- ☐ Capers, 1/4 cup (Thursday)
- ☐ Plain breadcrumbs, 1/3 cup
- ☐ Tartar sauce (Friday)
- ☐ Worcestershire sauce, white vinegar
- ☐ Cornstarch, baking soda
- ☐ All purpose flour
- ☐ Brown sugar, 1 lb bag
- ☐ Chili powder, cumin, dried oregano
- ☐ Vegetable oil and olive oil
- ☐ Granulated sugar, kosher salt, pepper

FOR THE TREAT

- ☐ Unsweetened applesauce, 2/3 cup
- ☐ Apple pie spice, vanilla extract