This Silly Girl's KITCHEN

Five Easy Dinners

Week 7 shopping list . dinners for the week of November 9

THIS WEEK

Monday	Slow Cooker Chicken Marsala
Tuesday	Mississippi Crockpot Meatloaf
Wednesday	Sausage and Peppers
Thursday	Bang Bang Shrimp
Friday	Salmon Sheet Pan Dinner
Treat	Mini Pumpkin Pies

PRODUCE

- ☐ Russet potatoes, 2 lb (Monday, mashed)
- ☐ Baby bella mushrooms, 4 oz
- ☐ Asparagus, 1 bunch
- ☐ Fresh thyme, 1 small pack
- ☐ Green bell peppers, 2
- ☐ Red bell peppers, 2
  (Wednesday and Friday)
- ☐ Yellow onion, 1 medium
- ☐ Red onion, 1 small
- ☐ Garlic, 1 head
- ☐ Fresh green beans, 1/2 lb
- ☐ Parsley, 1 bunch
- ☐ Limes, 3
  (Thursday and Friday)
- ☐ Cilantro, optional (Thursday)

MEAT AND SEAFOOD

- ☐ Chicken thighs, 6
- ☐ Lean ground beef, 2 lb
- ☐ Italian sausage, 5 links
- ☐ Small to medium shrimp, 1 lb, peeled
- ☐ Salmon filets, 4 (about 5 oz each)

DAIRY AND EGGS

- ☐ Whole milk, 1 cup, plus a splash
  (Tuesday, and Monday's potatoes)
- ☐ Butter (Monday's potatoes)
- ☐ Eggs, 5 large
  (Tuesday, and the treat)
- ☐ Whipped cream, optional (the treat)

PANTRY

- ☐ Marsala wine, 1 bottle
  (Monday and Wednesday)
- ☐ Unsalted chicken stock, 1/2 cup
- ☐ Crushed tomatoes, one 14 oz can
- ☐ Au jus gravy mix, 2 packets
- ☐ Ranch seasoning mix, 2 packets
- ☐ Pepperoncini, 1 jar
- ☐ Panko breadcrumbs, 1 cup
- ☐ Hoagie rolls, 5 (Wednesday)
- ☐ White rice (Thursday and Friday)
- ☐ Mayonnaise, 1/2 cup
- ☐ Honey and cornstarch
- ☐ Olive oil and vegetable oil
- ☐ Dried oregano, ground cumin
- ☐ Chipotle powder, red chili flakes
- ☐ Garlic powder, onion powder
- ☐ Kosher salt, black pepper, sugar

FOR THE TREAT

- ☐ Frozen pie crusts, 4
- ☐ Pure pumpkin, one 15 oz can
- ☐ Evaporated milk, one 12 oz can
- ☐ Ground cinnamon
- ☐ Pumpkin pie spice