

Five Easy Dinners

Week 6 shopping list . dinners for the week of November 2

THIS WEEK

Monday	Marry Me Chicken
Tuesday	Award Winning Chili
Wednesday	Sausage Tortellini Bake
Thursday	Honey Garlic Shrimp
Friday	Beer Battered Fish
Treat	Pecan Pie Brownies

PRODUCE

- ☐ Russet potatoes, 3 lb (Monday's mashed potatoes)
- ☐ Yellow onion, 1 large
- ☐ Green bell pepper, 1 large
- ☐ Garlic, 1 head
- ☐ Fresh basil, 1 bunch
(Monday's garnish and Wednesday's bake)
- ☐ Broccoli, 1 head
- ☐ Zucchini, 1 medium
- ☐ Limes, 2
- ☐ Lemons, 2 (Friday, for serving)

MEAT AND SEAFOOD

- ☐ Thin sliced chicken breasts, 4 cutlets
- ☐ Lean ground beef, 2 lb
- ☐ Italian sausage, 4 links
- ☐ Shrimp, 1 lb bag, fresh or frozen
- ☐ Cod fillets, 1 1/2 lb

DAIRY AND EGGS

- ☐ Heavy cream, 1 pint
- ☐ Butter, 1 lb
(Monday, mashed potatoes, Thursday, the treat)
- ☐ Milk, for the mashed potatoes
- ☐ Grated Parmesan cheese, 1/2 cup
- ☐ Shredded mozzarella, 3 cups (12 oz)
- ☐ Fresh cheese tortellini, two 9 oz packs
- ☐ Eggs, 5 large (the treat)

PANTRY

- ☐ Unsalted chicken stock, 1 cup
- ☐ Sundried tomatoes in oil, one 8 oz jar
- ☐ Petite diced tomatoes, two 28 oz cans
- ☐ Tomato sauce, one 8 oz can
- ☐ Rotel, one 10 oz can
- ☐ Salsa, 1 cup
- ☐ Chili beans in sauce, 27 oz and 16 oz cans
- ☐ Black beans, one 15 oz can
- ☐ Marinara sauce, one 24 oz jar
- ☐ Honey, 1 cup
- ☐ Soy sauce and cornstarch
- ☐ White rice (optional, Thursday)
- ☐ Bisquick Original mix, 1 box
- ☐ Lager beer, one 12 oz bottle, ice cold
- ☐ Olive oil and vegetable oil
(plenty of vegetable oil for Friday's fry)
- ☐ Chili powder, 2 tablespoons
- ☐ Italian seasoning, red pepper flakes
- ☐ Garlic powder, onion powder, paprika
(Monday, Tuesday and Friday all use them)
- ☐ Kosher salt and black pepper

FOR THE TREAT

- ☐ Dark chocolate chips, 1 cup
- ☐ Pecans, about 8 oz
- ☐ Light brown sugar and granulated sugar
- ☐ Maple syrup, 3 tablespoons
- ☐ All purpose flour and cocoa powder
- ☐ Vanilla extract